



TRAITEUR

# BREAKS

Minimum of 8 guests - cutlery included Available in buffet or individual box format

## **ON-THE-GO SNACK**

4.75\$

- ✓ COOKIES (2 p.p.)
- **4** WHOLE FRUIT (1 p.p.)

# **HEALTHY BREAK**

9.75\$

- ENERGY BALL (2 p.p.)
- DARK CHOCOLATE COVERED FRUITS (2 p.p.)
- CRUDITÉS WITH DIP (5 p.p.)

VEGAN AND GLUTEN FREE

### PERFECT BREAK

**6**\$

- FRESHLY CUT FRUITS
- MILD CHEDDAR WEDGES (2 p.p.)
- SWEET AND SALTY NUT MIX (50g)

SANS GLUTEN

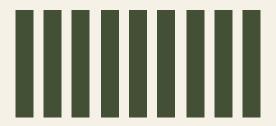
### GOURMAND BREAK

8\$

- 4 HOMEMADE MACARONS (2 p.p.)
- ✓ HOMEMADE MINI-GOURMET TREATS
  (2 p.p.)

ADD A COFFEE OR TEA SERVICE FOR AN ADDITIONAL FEE

ALL THESE ITEMS ARE AVAILABLE INDIVIDUALLY





# SHARING PLATTERS

# Minimum 10 guests

### **ANTIPASTI**

15\$

- 4 FINE COLD CUTS
- MARINADES: OLIVES, ARTICHOKES, EGGPLANT, PICKLES
- LOCAL CHEESES
- GRAPES AND DELUXE CRACKERS
- GRILLED VEGETABLES

# THE SEA

28\$

- SMOKED SALMON
- WHIPPED BOURSIN WITH CHIVES, LEMON, CAPERS, PICKLED RED ONIONS, DILL, AND BLINIS
- SQUID CEVICHE WITH CILANTRO AND LIME, FURIKAKE
- GIANT SHRIMP WITH COCKTAIL SAUCE
- HOMEMADE SALMON RILLETTES, DILL AND LEMON ZEST
- PITA CRISPS

#### VEGETARIEN

15\$

- PITA CRISPS, LABNEH DIP WITH ZAATAR OIL
- CRISPY CHICKPEAS WITH SPICES
- RAW VEGETABLES
- FALAFELS, TAHINI DIP
- MARINADES: TURNIPS, EGGPLANT, OLIVES, ARTICHOKES

ADD A DRINK FOR AN ADDITIONAL FEE
ALL THESE ITEMS ARE AVAILABLE INDIVIDUALLY
\*CUTLERY NOT INCLUDED



# BREUVAGES

## **COFFEE AND TEA**

(10 cups thermos)

FAIR TRADE COFFEE - 25\$

Paper cups, milk cartons, sugar and stir sticks are included

«CAMELIA SINENSIS» TEA AND HERBAL TEA- 25\$

Paper cups, milk cartons, sugar and stir sticks are included

# **SMOOTHIES AND JUICES\***

- V8 TOMATO JUICE 3\$
- Onange
- ORANGE JUICE 9\$

«POPEYE» SMOOTHIE - 6,50\$

(individual bottle) spinach, banana, oat milk powder, matcha, flax stevia

«SUNSHINE» SMOOTHIE - 6,50\$

(individual bottle)

mango, pineapple, passion fruit, oat milk, pea protein, coconut milk, chia, beta-carotene, stevia

## WATER AND SOFT DRINKS\*

(in a can)

- QUEBEC SPRING WATER 3\$
- QUEBEC SPARKLING WATER 3\$
- BUBLY FLAVORED WATER 3\$
- 4 HOMEMADE FLAVORED WATER 2\$

Raspberry and lemon

Cucumber and lime

SOFT DRINK - 3\$

Coca-Cola, Coca-Cola Zéro

Thé Glacé

Sprite, 7up

Ginger Ale

SAN PELLEGRINO - 4\$

\*EXTRA FOR COMPOSTABLE GLASSES OR DISPENSERS



# OTHER SERVICES

#### **DELIVERY**

FROM MONDAY TO SUNDAY

BETWEEN 7 AM AND 5 PM

(MONTREAL AND MONTREAL AREA)

Additional fees may apply for deliveries outside of Montreal and/or outside our regular business hours

## **ALCOHOL PERMIT**

WE HOLD THE REQUIRED ALCOHOL LICENSE TO PROVIDE BAR SERVICE AT EVENTS

Please consult your advisor for more details

### STAFF

MAÎTRE D'HÔTEL

SERVERS – BARTENDERS

CHEF

COOKS

Minimum of 4 hours per shift

Travel or mileage fees may apply
depending on the location of your even

### **EVENT VENUE**

CONTACT OUR TEAM TO RECEIVE OUR SUGGESTIONS

### **RENTALS**

WE HAVE A QUALITY PARTNER FOR ALL

TYPES OF EQUIPMENT RENTAL

